

## HEALTH SCIENCES DIVISION ELDERLY CARE COURSE



### **Overview: Elderly Care Course**

The course is divided into twelve (12) weeks; six (6) weeks of theory and skills practice immediately followed by six (6) weeks of supervised clinical experience in selected long-term care facilities.

The health of the elderly population is of primary concern as increasing longevity is typically associated with increased morbidity and disability due to chronic diseases.

The elderly care provider course is designed to develop the knowledge and skills of individuals by providing an educational experience that prepare elderly care providers to confidently and competently care for their elderly clients.

The course covers basic care for common diseases and disorders, cognitive impairment/dementia/Alzheimer's, aging process and nutrition, pain management, activities of daily living, medical terminology, infection control, first aid and basic life support. Learners will engage in experiential learning exercises that to include simulation and hands-on-experience that provides opportunity to apply concepts learned. The course provides the opportunity to assists learners to develop the necessary skills to support the client and their family through the care process and if necessary, help them with preparing for death.

## **ABOUT THE COURSE**

### **Aim of the Course**

The aim of the Elderly Care Course is to develop the knowledge and skills of individuals by providing an educational experience that prepare elderly care providers to confidently and competently care for their elderly clients.

### **Entry Requirement**

To be eligible for admission to the Elderly Care Course is a high school certificate.

### **General Objectives**

1. Demonstrate the knowledge and skills and attitudes of a confident and competent elderly care provider.
2. Enhance home care/long term facilities practice to better meet the health care needs of the aging population.
3. Provide dignified, effective and compassionate care to vulnerable elderly in health care settings, homes and/or long-term facilities.
4. Collaborate with inter-disciplinary health care teams in the care of the elderly.

### **Course Structure**

The part-time course will to be completed in twelve (12) weeks for a duration of sixty-seven (67) contact hours. It consists of six weeks (Saturdays) for theory and skills practice that consists of thirty-one (31) contact/theory hours followed immediately by six (6) weeks/ thirty-six (36) hours of clinical practicum in selected long-term care facilities. Learners will be provided with a skills workbook with selected procedures to be completed and returned within six weeks.

Completion of the course is compulsory and must meet the requirements of the Clarence Fitzroy Bryant College [CFBC] to be awarded the Elderly Care Certificate.

## Elderly Care Course Plan

<b>Courses</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>Hours per week</b>	<b>Theory</b>	<b>Practical</b>
Introduction to Home Care	*						<b>2 hours x 1 week</b>	<b>2</b>	
Common Diseases and Disorders	*	*					<b>2 hours x 2 weeks</b>	<b>4</b>	
Cognitive Impairment/Dementia/Alzheimer's		*	*				<b>2 hours x 2 weeks</b>	<b>4</b>	
Pain Management			*				<b>3 hours x 1 week</b>	<b>3</b>	
Care and Emergency Management				*	*		<b>2 hours x 2 weeks</b>	<b>4</b>	
First Aid & Basic Life Support (BLS)					*		<b>2 hours x 1 week</b>	<b>2</b>	
							<b>Total</b>	<b>19</b>	<b>12</b>

### Eligibility to Practice

Successful completion of this course entitles graduates to be awarded a Certificate in Elderly Care and to practice in the Federation of St. Kitts and Nevis.